



THE COMPLETE GUIDE TO NORTHERN GULF SEAFOOD

By Tom Bailey

In the late nineteenth century, the commercial seafood industry in the Gulf of Mexico skyrocketed. Today, the Gulf Coast has solidified its reputation for producing high-quality fresh seafood. This cookbook by author Tom Bailey provides more than 150 recipes tailored specifically to the various types of fish and other tasty sea creatures found within the northern gulf.

Featuring enticing photographs of plated dishes, this work details the proper way to purchase, prepare, and cook edible species of fish and shellfish based upon specifics such as fat content and cut of meat. Before delving into recipes, Bailey provides a thorough explanation of everything you need to know to maximize your seafood experience, from how to handle frozen seafood to how to clean a fish once you've caught it. This guide is as practical as it is necessary in the home of any seafood lover.

With a wide assortment of dishes adapted from fishermen, coastal dwellers, and seafood preservation organizations, the recipes found within this book are as well-rounded as they are delicious. Recipe instructions are straight-forward and accessible to any home cook. Whether you're craving tuna, lobster, shrimp, or shark, this combination seafood guide and cookbook provides it all and will spark the imagination and taste buds of the most seasoned or novice cook.

ABOUT THE AUTHOR

Tom Bailey works as an editor for Seacoast Publishing and has published more than fifteen titles, ranging from an Air Force training manual to Gulf vacation guides. In the past, Bailey has worked as a writer and editor for several magazines and newspapers. He received a BS in business administration from Jacksonville State University and has earned numerous awards from organizations such as The Associated Press and Sigma Delta Chi. He is an active member of the Alabama Historical Association and the Social Studies Council of Alabama. An avid scuba diver and deep sea fisherman, Bailey lives in Hoover, Alabama, with his wife.

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